



Unpacking complex trauma

21 July 2021

Complex trauma - the impact of early life, repeated trauma and loss often involving trusted relationships

Program

Free live stream event

- 0900 - 0910 **Welcome and introduction**
Mrs Sue Foley, Director, NSW Children's Court Clinic, The Sydney Children's Hospitals Network (SCHN)
- 0910 - 0940 **Impact of complex trauma**
Ms Stephanie Helfer, Senior Clinical Psychologist, Complex Cases Consultant, The Children's Hospital at Westmead, SCHN
- 0940 - 1010 **Integrated Trauma-Informed Care - mitigating the impacts of trauma, preventing re-traumatisation and promoting healing for children and young people**
Ms Katherine Barnes, Acting Manager, Child Protection and Wellbeing Team, Prevention and Response to Violence, Abuse and Neglect Unit (PARVAN), NSW Ministry of Health; and
Ms Helen Freeland, Managing Director, ACER Associates
- 1010 - 1025 **15-MIN BREAK**
- 1025 - 1055 **Trauma, cognitive development, and social and emotional wellbeing**
Dr Paul Gray, Associate Professor, Jumbunna Institute for Indigenous Education and Research, University of Technology Sydney
- 1055 - 1110 **Intensive Support Services for out of home care children and young people**
Mr Andrew Schacht, Principal Project Officer, Intensive Support Services, Department of Communities and Justice
- 1110 - 1120 **10-MIN BREAK**
- 1120 - 1150 **Trauma responsive practice for our youth - the Australian Childhood Foundation approach**
Ms Karyn Robinson, Senior Advisor, Professional Education Services, Australian Childhood Foundation
- 1150 - 1200 **Voice of youth**
Ms Sienna Acquara and Ms Tori-Lee Windle, CREATE young consultants, CREATE Foundation
- 1200 - 1230 **Panel discussion - joined by all Program speakers**



Health

Important live stream information, please read carefully

Due to the uncertainties of COVID- 19, this Forum will be live streamed to you to keep everyone safe.

To watch the Forum live stream anywhere on the Forum day (AEST), go to:

<https://www.thestreamingguys.com.au/production/youth-health-forum-unpacking-complex-trauma-210721/>




(Add this to your calendar, password and registration are not required to watch the live event)

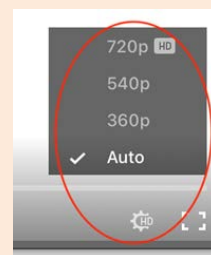
- Optional: If you wish to receive a reminder email to watch this event, register [here](#) by COB 16 July 2021.
- This Forum is not recorded for viewing later
- The speakers' presentations will be available within two weeks of each forum (search for 'Youth Health Forum' on the NSW Health website (www.health.nsw.gov.au))

If you encounter technical difficulty on the Forum day

Step 1: Check out the [streaming tips](#) for most common issues

Step 2: Check out other quick tips below

- Ensure you have up-to-date browser installed for example Chrome, Firefox, or Safari
- If your workplace's firewall blocks you from watching the live stream, try disconnecting your device from your workplace's network, or watch it from your own devices (eg. mobile phone, tablets)
- Depending on the quality of the video you are watching, approximately 2-3 GB of data will be consumed if you watch the whole 3.5hrs Forum without Wi-Fi
- The slides may look blurry, if you are watching at a lower resolution setting or your device automatically adjusted to lower resolution when your internet isn't very good. You can choose your preferred video quality by clicking on the setting/gear icon at the bottom right hand corner of the video screen (see screenshot  or check out [this video](#)).



Step 3: Video still not working? Email: info@thestreamingguys.com.au

To direct questions to Forum speakers during the live stream Please text questions to **0452 378 112** stating location and question. For example: [Dubbo], my Q to Speaker A is...."

- This number is for posing questions to speakers only (see text box above for technical difficulty)
- If your question doesn't get answered during the Forum due to time limitation, please feel free to contact the speakers directly, speakers' contact details can be found on [the speakers' presentations](#))

Forum's evaluation

Your feedback is very important to us, please fill in this **FIVE MINUTE**

Evaluation form on <https://www.surveymonkey.com/r/YHF21Jul2021>

Evaluation closes on the 6 August 2021

2021 Youth Health Forum theme and date:

- Early psychosis (**Wednesday, 20 October**) format: live stream

The Youth Health Forum Organising Committee includes representatives from Transition Care Network, Agency for Clinical Innovation; High Street Youth Health Service; Ambulatory & Primary Health Care, Illawarra Shoalhaven Local Health District (LHD); Area School Link Coordinator, Northern Sydney LHD; Disability, Youth and Paediatric Healthcare, NSW Health; CAPTOS, Department of Psychological Medicine, The Children's Hospital at Westmead (CHW); Children's Hospital School, CHW; The University of Sydney Academic Department of Adolescent Medicine, CHW; Aboriginal Health Unit, The Sydney Children's Hospitals Network (SCHN); Department of Adolescent Medicine, SCHN; Transcultural Mental Health Centre; and Department of Adolescent and Young Adult Medicine, Westmead Hospital.